

Planned follow up classes for 2022

# Back to Eden

Due to the great interest shown in the Health Classes offered earlier this year, Kaye has decided to have some follow up classes.

The following are planned classes that will be held:

**The first Sunday afternoon each month from 2 – 4 pm**

**The last Tuesday morning each month from 10 – 12 noon**

<b>Sunday</b>	<b>Subjects</b>	<b>Tuesday</b>	<b>Subjects</b>
May 1	<b>The China Study</b> Milk	May 31	<b>The Fungal-disease Link</b> *Making Gluten-free sourdough flatbread – with starter
June 5	<b>Excitotoxins</b> – the taste that kills Noodles – Fructose	June 28	<b>The Gut-Brain Connection</b> *Different ways to fast
July 3	<b>Electrosmog</b> – the dangers of EMFs	July 26	<b>Gluten/ Glyphosate/ GMOs</b> *Helping our health with CDS
Aug 7	<b>Bombarded</b> – the many assaults on our health	Aug 30	*Helping our health with CDS *Making herbal oils, ointments and face cream
Sep 4	<b>Father's Day</b> No meeting	Sep 27	*A practical demo for detoxing – <b>a Wet Sheet Treatment</b>
Oct 2	<b>Some Essential Minerals</b> Harmful effects of Sugar	Oct 25	<b>Feelings Buried Alive Never Die</b> Our Emotional Health and how God can heal us
Nov 6	<b>Helping Depression</b> Practical suggestion to implement		

\*Practical Demonstrations

\*\*These subjects are planned, but may be changed. Please check to confirm.

All meeting planned to be held at the Seventh-day Adventist Church Hall  
David Street, Albury (may be changed to Kaye's home if attendees are down)

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