

# Back to Eden

Vaccinations for Covid  
Pain relief MSM  
Proof Covid planned  
to usher in NWO  
Products/ Recipe  
My Shingles experience

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Kaye, are you still doing the newsletters? Yes, but as things in the world have changed so much, up until now I haven't been able to get my focus on doing a newsletter. But, then I received an interesting article from a reader who wishes to remain anonymous. So I thought I would publish this article and let you read the summary that the person has given. They spent weeks researching this and putting together the article. I found it very interesting and trust that you will also.

But I found it very challenging as I wanted to also put in an article I had written on a natural solution for pain, MSM (sulphur). What should I put in, what should I leave out? Then I made the decision, put it all in, plus even more. That is why this issue has more pages.

I also found an interesting article on Ultimate Proof, Covid 19 was planned to usher in the New World Order. I felt this summed up lots of what has been happening lately, much of which has been kept out of the mainstream media. I thought I'd add this as well. Because it was quite long, I edited out the pictures, end notes and a little of the text. If you want to read more, follow the reference to the link.

Plus, for some time now I wanted to let you know of an experience I went through last year. In July, I came down with the shingles. I sometimes I think this was so I can share with others what I experienced. This is normally a very painful experience, but my pain was minimim. If you want to know my protocol, call me and I will let you know.

I trust that you enjoy this extra long issue. From Kaye and the Back to Eden team

## Vaccinations for Covid... personal rationale from a reader

So much has been written about Covid and the proposed vaccination program. I initially planned writing an article on the subject, but then received a personal rationale from a reader who has been considering what impact the Corona virus and the vaccine would have on his/her own health. The reader has put together some thoughts on how they have come to an informed decision on whether to be vaxxed or not. This is a summary of their extensive study into the subject. Some personal comments that they made are added in brackets. Take time to read this, to take all the information in.

**C**OVID stands for Corona Virus Disease. There are five groups of viruses and COVID is one of them.

It is one of the least dangerous in that it does not affect the DNA inside body cells. In contrast, retroviruses like HIV and AIDS are dangerous because they do affect the DNA. There are 36 different types of COVID viruses in the environment and COVID-19 is just one of them and not too different from the common flu. (There are those who might disagree with this comment but I heard this from a doctor in a public talk on COVID and other sources.)

7 of these 36 corona viruses have been known to infect humans and have been around for at least 60 years, long before COVID-19 arrived in 2019. Other types of COVID include SARS Bird Flu (Severe Acute Respiratory Syndrome) in early 2000s, Swine Flu and MERS in 2012 (Middle Eastern Respiratory Syndrome).

### Initial thoughts and questions

What will be the long-term effects of these vaccines six months from now? How accu-

rate are the statistics of deaths from the virus, or the vaccines and how do they compare with the common flu? Am I prepared to be a guinea pig and part of a worldwide human experiment putting lives at stake? Stock market investments can be very risky, unpredictable and full of uncertainties. Two common sayings are – Don't put all your eggs in one basket. (Vaccination is the only 'basket' offered by the government for COVID-19.) Only invest what you can afford to lose. (ie Don't invest what you cannot afford to lose. I cannot afford to lose my life or my quality of life and don't want to take the risk of investing in vaccines with all their unknowns and uncertainties.)

What are the accurate results from other countries which have already started vaccinating? Especially Israel, USA, Turkey, Brazil, UK Germany, Russia, France and Italy. Eg Israel has already recorded 400% death rate since the jabs have been given. What are the effects on people already with health issues and compromised immune systems? (especially those like myself with several existing autoimmune diseases.) What guarantees are there that people who do not volunteer to have the jab will not be discriminated against? Who can I truly trust in all the information flooding? (The media is full of biased reports pushing their own opinions and presenting what they think the public needs to know. Many truthful documentaries are being removed from the internet by 'powers that be.')

What is a conspiracy theory? Sometimes it's just a convenient 'box' to put weird and whacky ideas into. Who decides what is weird and whacky? They can be a mixture of truth and lies. How do we know what is what? Again - who can we trust? The idea of 'emergency approval' for a vaccine is highly risky and without a normal 5-7 year proper testing procedures, sometimes skipping tests of animals and going straight into humans. People need to be aware when the implication are when it comes to injecting foreign genetic material into their bodies.

The COVID vaccines are mRNA vaccines. mRNA vaccines are a completely new type of vaccine. No mRNA vaccine has ever been licensed for human use before. In essence, we have absolutely no idea what to expect from this vaccine. We have no idea if it will be effective or safe. Traditional vaccines simply introduce pieces of a virus to stimulate an immune reaction. The new mRNA vaccine is completely different. It actually injects (transfects) molecules of synthetic genetic material from non-humans sources into our cells. Once in the cells, the genetic material interacts with our transfer RNA (tRNA) to make a foreign protein that supposedly teaches the body to destroy the virus being coded for. Note that these newly created proteins are not regulated by our own DNA, and are thus completely foreign to our cells. What they are fully capable of doing is unknown.

The vaccine will trigger an immune response, so we can expect autoimmune diseases to begin or existing ones worsen. mRNA vaccine does not prevent one from catching the Covid virus or carrying it. It only lessens the symptoms when the wild virus from the environment is caught. Plus the number of antibodies made by the vaccine will run out and more vaccine is needed to produce more. And the cycle repeats. The body is prepared for catching the wild virus and will make the person more susceptible to catching it. mRNA vaccines do not protect against or lessen the effects of mutant variants of the original virus.

Comments from an interview with Dr Sherri Tenpenny: “The antibodies which these new vaccines create are deadly and it will take 4-14 months or more before we see the full range of what will happen to people who are vaccinated. Humanity is at a critical juncture of time. We have passed the time of pussy-footing around and not offending anybody. It’s a life and death cross-road. There are reports of doctors dying. ... USA has been doing vaccinations for a month now and in thirty days, there have been 40,000 adverse events recorded to the vaccination adverse data base. Over 3100 had cases of antiphylactic shock; plus cardia arrhythmias, autoimmune reactions; over 5000 neurological reactions from headaches to numbness in hands and feet, dizziness, seizures. We won’t see pictures of these affected people. Yet, in the USA, people are getting paid \$500 to have the vaccines. Nurses and doctors and others are boasting they’ve had the vaccine.....” She notes that only about 10% of adverse reactions get reported.

Dr Tenpenny continues, “There are 72 approved vaccines in the USA. None of them have ever had mRNA. Older vaccines like measles or polio gobble up the virus and

totally destroy it. mRNA vaccine only isolates a little part of the virus from the ‘spike protein’ which is injected into the body so it creates a non-neutralising antibody called ADE (Antibody Dependant Enhancement). ADE allows the little part of mRNA to replicate itself on its own. It will go over and over creating little pieces of virus spike proteins inside the body so that the body will create an antibody against it. As Bill Gates said, ‘Humans can become their own vaccine-manufacturing machines.’ (Hmmm. So, the ADEs don’t actually neutralise the foreign body. Don’t understand this. Antibodies are supposed to ‘gobble up’ the baddies and destroy them.)

## The spike protein

There are seven ways the spike protein in mRNA has been shown to cause injury. Here are just a few:

1. A mechanism, called the Trojan Horse allows that piece of virus to get inside the cell, replicate itself and be inserted into other parts of DNA. It is like having an ON-button but no OFF-button and does not stop copying itself.
2. Another mechanism happens when creating ADEs. The two FAB fragments (the top ‘V’ part of the Y-shaped protein molecule) loosely hooks onto the virus. The FAC fragment (the ‘I’ bottom part of the Y-shaped protein) is taken inside the white blood cell and mRNA starts to replicate itself. However, the ‘I’ fragment can get into the lungs and attack lung tissue. Lung cells are broken down and destroyed. The new antibodies cause types of pus, bleeding and lung damage.
3. A third type of damage happens when the spike protein antibody attacks the macrophages. Macrophages are white blood cells which normally gobble up viruses and bacteria all day long as part of the natural immune system.

- There are two types 1. Pro-inflammatory macrophages which give signals something is wrong and bring whatever is necessary to fight and kill the infection; part of our essential aggressive defensive system. 2. Anti-inflammatory macrophages that bring healing and ‘clean up the mess’ and get rid of dead cells and debris.
- In an mRNA vaccine, the spike protein antibody attacks the anti-inflammatory healing macrophages and inactivates and kills them. In the experiments done of mRNA in animals, researchers found that those that died had lungs filled up with type 1. Pro-inflammatory macrophages. There were no type 2. macrophages. Those animals which were not vaccinated and became sick had, within two days, the type 2 macrophages coming in and ‘cleaning up the mess’ and healing the tissue.
- In summary, a) the antibody to the spike protein destroys lungs. b) It shuts off and destroys type 2 macrophage, and c) it loose-

ly binds the virus and drags it into the cell through the Trojan Horse mechanism and starts replicating and cannot be stopped. In about 12-14 months, people can start dying.

Dr Tenpenny also explained how studies were done back in 2002 to develop a corona virus vaccine. The antibodies floated around in the system and when the wild corona virus was taken in from the environment, the whole process was activated. It is the re-exposure to the virus that leads to the ADE (Antibody Dependant Enhancement). This consequently accelerates autoimmune disease. Dr Tenpenny has a six-part series on Corona Virus. She is worth listening to despite what Wikipedia and negative reports say about her.

Another explanation of how mRNA vaccines works, comes from Irish scientist, Prof Dolores Cahill. She describes how mRNA genes are injected into the body and they bypass the natural immune system which would naturally fight it. Normally your body would get rid of the virus but when mRNA is injected, the result can be deadly. mRNA goes into the genes, expresses an immune response and you can’t get rid of it. mRNA is integrated into the body and gets spliced into the genes. Your own antibodies then start attacking the new mRNA cells.

When you breathe in a virus, it goes into your lungs and there is a natural immune response to get rid of it at a local level. When the virus is in the vaccination, it is injected into the blood stream, so there is a different route and the virus goes into every cell of the body. This route is not normal. The injection leads to a whole-body response, not just a local response. mRNA vaccines are different to the earlier types for measles, polio etc. These new types go right into the body cells and affect the DNA and our genes. They also go through the blood barrier to affect neurons in the brain.

Pfizer and Moderna vaccines are new in that they inject new RNA into your cells to produce a protein which is a portion of the protein on the spike of the Corona virus. This gives instructions to the body cell to cause an immune response. The Astra-Zeneca vaccine uses DNA instead of RNA to do that and does not enter into the cells or brain or affect the genes but is said to be less effective than Pfizer and Moderna.

Dr Sucharit Bhakdi in Germany said in an interview Dec 26 2020 that mRNA vaccines have ‘extreme side effects; there is a danger of autoimmune disease where the body attacks itself; there is also a possibility of insulin not being produced. We cannot guarantee this effect is not a possibility. This vaccination is not an inoculation but genetic engineering. Dr Bhakbi said these

vaccines are planting seeds of auto-immune reactions in the body where the body will start attacking itself.

Survival Rates from the COVID virus have been given: 0-19 yr olds - 99.997%; 20-49 yr - 99.98%; 50-60 yr - 99.5%; 70+ yr - 94.6%. This seems a very high rate of survival for a virus which is said to be so deadly.

Question - How does this compare with the common flus around? Is COVID just another type of flu? Earlier vaccinations were safe enough (eg tetanus, polio, measles) because they triggered an immune response and did not use molecular machinery at a genetic level to initiate a response.

We also have to use face masks. At first we were told they gave the population no protection as the virus molecule was so small it passed through the mask, then they were mandated. The media was used to keep the people afraid. Then we had to face social distancing and lockdowns. A hug has become an elbow tap. What a crazy world we are now living in.

## Alternatives to vaccines

No money is directed toward research of alternative natural methods such as the results of high doses of vitamin C or anti-oxidants in plenty of foods like garlic and many fruits. We need to build up our own God-given immune system. First choice of building immune system against all respiratory diseases like COVID19 (plus any other virus that may surface in the future) should be to do it naturally through whole-food plant-based diet, sunshine, Vit C, Vit D3, zinc, Vit B Complex, NAC, exercise, glutathione, Type One Interferons etc. Herbal teas for acute chronic respiratory symptoms include Pau D'arco tea, lemon balm, yarrow, astragalus (stimulates natural killer cells), echinacea and licorice tea (for coughs). The body is designed with its own natural ways of healing itself. These new vaccines do the work which the natural immune system should be doing itself. They actually weaken the immune system. The older vaccines stimulated the immune system to work and do not replace it. Hydroxychloroquine has a bad name even though it has worked successfully against the COVID19 with some patients.

## Uncertainties

Even the experts admit there are many uncertainties about the new vaccines. Quotes from Australian Financial Review (AFR): 6-7 2021

1. 'The essential issue is that the virus will continue to mutate, and if any of the mutations change the shape of the spike protein – a major antigen – then the mutated virus will

have a growth advantage over the unmutated or wild-type of virus.' Professor Matthews, Melbourne University epidemiologist  
2. 'If a mutant virus escaped from the immune response induced by current vaccines, there might be a need for booster vaccinations in the future targeted at the mutant virus.' Professor Matthews, Melbourne University epidemiologist (Therefore, the vaccine will not get rid of the virus in whatever form.)

3. The more mutations that occur, the more likely one of them will give the virus the ability to evade vaccines.' Dr Brookes, Charles Sturt University

4. 'We don't know how long the successful vaccines we are getting will last or whether people will need more doses.' Brendan Murphy, Health Department (This is only the start of more and more vaccinations)

5. 'Australia can afford to wait for the definitive (TGA) evaluation about vaccine efficacy at different ages and the pros and cons of Pfizer and other alternative vaccines.' Professor Matthews (What is the hurry then to have the jabs? Why not wait to see what happens in other countries to find out long term effects?)

6. '...resistant mutations may also emerge in vaccinated populations meaning that booster shots of more powerful versions of the first-generation vaccines may become our new ritual. But that's the risk we can live with if it means a return to freedom.' (I am not prepared to take that risk.)

One vaccine may work for one type of COVID19 virus but not another mutant strain of it. Someone can get one vaccination consisting of two shots, but it is worth nothing if another type of strain comes along. (It's the same with flu injections. They only protect against one type. So you can still get another type of flu.) Questions are arising about availability of the vaccines and the timing of the second doses.

'Even if we have a lot of the population vaccinated, we don't know whether that will prevent transmission of the virus and its likely that quarantine will continue for some time.' Brendan Murphy, Federal Department of Health secretary, Mountain Views Star Mail 16 Feb 2021

(AFR) 20-21 Feb 2021 '...bosses are being told they won't be able to force employees to have the jab except in very limited circumstances.... There's the usual test of whether an employer's direction is lawful and reasonable, and while something may be lawful, there's that second question about whether it's reasonable in the circumstances.' (hmmm. This looks like the government shifting the responsibility to employers who are very likely to make their workers be vaxxed or lose their jobs. 'Reasonable,' is a very loose word.)

AFR 23 Feb 2021 Heading: Virus-safe doesn't mean virus-free "The catch is that Australians have learned to believe that COVID-safe means being completely COVID-free." (How true. There is so much false hope and blind trust.) Millions of dollars are being spent on vaccines – production and limited testing. Where are the double-blind and placebo tests and peer reviews? Where is the 5-7 year time frame allowed for such testing to be carried out? What animal testing was done before human testing and what were the results? (I am not prepared to rush in with so little information except what the 'powers that be' want us to believe.)

AFR 20-21 Feb 2021 'Not All Vaccines are Created Equal' This article looked interesting until I realised the only sorts of issues discussed were not about alternatives but other things like these.

1. Two types of Australians emerging – the Pfizerites who take the high-performing shots and the AstraZenecites who have the less effective shots and what complications might occur if/when another wave comes and/or virus variants take hold. (NB: terminology - a variant is a virus with a mutation; a strain is a whole new virus)
2. 10% of people who get the virus get 'long COVID' with lingering symptoms of fatigue and impaired quality of life.
3. COVID variants are 'more contagious and better able to evade vaccine-induced antibodies.'
4. How long it takes to make variant-proof vaccines.
5. No vaccines have been compared head-to-head. Each vaccine maker has been conducting its own trials to work out the efficacy of its candidate. So, these can't really be compared directly with one another- they have been done in different populations under different conditions. He says "We also don't know how all the vaccines are going to work over time, what would happen in 2 months, what will happen in other countries, and what we'll be doing next."

The Age newspaper has an online page of Questions and Answers about COVID19 vaccines. One question asked how were the vaccines developed so quickly. In summary, the answer said that Phase 3 of the testing involving a large number of people, was begun before Phase 2 (using a smaller group) had finished. Manufacturing in mass doses began before Phase 3 was completed. It was (quote) 'a high-risk strategy – billions of dollars were poured in before they know if it works.'

## Side effects

The TGA says the vaccine 'is safe'; but 'it may come with some short-term side effects' – 60% - get fatigue; 50% get headaches a

third get muscle pain; a fifth get joint pain. Another side effect is anaphylaxis (severe allergic reaction). People are also known to be unable to carry out normal daily duties or to work and need care from a doctor or a health professional. In Mexico, a female doctor was hospitalised after having the vaccine and diagnosed with encephalomyelitis (inflammation of the brain and spinal cord) even though she had been perfectly healthy beforehand. Some have died specifically from the vaccine. The vaccines are experimental and have already caused some deaths, facial paralysis, convulsions and autoimmune responses. A northern Kentucky convent that was 'extremely closed down,' with the nuns not even going outside or receiving visitors since the start of the pandemic, reported that 80% of the vaccinated nuns came down with COVID. Out of 35 receiving the vaccine, two days later 28 tested positive and 3 later died.

Does the vaccine actually work? The 'Times of Israel' reported in Jan 2021 that 'Nearly one million Israelis were vaccinated against COVID19 and about 240 were diagnosed with having the virus a few days later.' (Where is the protection?) NB: Authorities have openly admitted that the vaccines will not stop anyone from getting the virus or transmitting it, so all measures like masks, quarantine, social distancing will continue even with the vaccine.

## Consequences of not having the vaccination

Huge social restrictions can ban people from public transport, certain venues, shops and businesses, health care workers and other employees can lose jobs if they don't have the jabs. Gatherings of family and friends are greatly limited. Multitudes of businesses have been affected. Drivers' licenses may be next!

Global vaccine passports are planned for the future. International travel without a vax will not be allowed. WEF (World Economic Forum) is working on a CommonPass Initiative, ie a COVID passport scheme being pushed by a coalition of big tech companies and is receiving funding from the Rockefeller Foundation. Three major airlines are already using it. Qantas has already said, 'No Shot, No Fly.' This situation has been described as a 'defacto compulsory vaccination.' People are being coerced into having the vaccinations by less obvious means. Shops and businesses can refuse entry if a certificate/passport or similar is not shown as proof of having the vaccine.

## Moral and spiritual aspect

There is a subtle but also blatant lack of

freedom in choice. At this stage we are told vaccines are not mandatory, but businesses will be allowed to decide themselves who enters their shops or buildings or travels on their planes, trains or buses. This certainly influences our decisions to have the jab or not. (There are many who don't want the jab but cannot afford to lose their jobs.)

Vaccinations used to be for the individual to protect him/herself from diseases in others. Now, the tables are turned so that the individual with no inoculation, whether healthy or not, is the danger to others because they might be carrying the virus. (This can produce guilt in those not vaxed. They can become separated excluded group and easily discriminated against. I thought society today was supposed to be 'all-inclusive.' Besides, surely, those who are inoculated are supposed to be safe and protected and should not be worried about mixing with those who aren't.)

The COVID19 vaccines are manipulated by man using animal genes and aborted baby tissue which is not morally acceptable by many groups of people. The Catholic Church approves the use of foetal tissue if it saves lives and there is no other alternative. (But what about the life of the little baby who died? Doesn't that matter?) My body is mine to decide what to do with it. I don't want to be a statistic and guinea-pig for new experimental vaccines and the long-term side-effects are unknown. I was once invited to go on a trial for a new arthritis drug but declined for the same reasons. Scientists are playing with the genetic system.

Religious groups such as Jews, Muslims and Christians can be discriminated against for following their conscience and not wanting the vaccination.

Articles on Google about Astrazeneca vaccine say such things as:

1. Foetal cells used are from aborted babies back in the 1970s and have been genetically modified so they can divide an infinite number of times. Another article says that fresh foetal cells are sometimes needed (ie from more recent babies).
2. HEK293 cells used are from kidney lining of aborted babies. HEK = Human Embryonic Kidney.
3. Babies are 'ethically aborted' and with strong ethical professional reasons' with the 'highest ethical standards.' (What on earth does that mean? An unborn baby is still murdered.)
4. 'These cells are not actually original cells. They have been immortalised and then propagated over the decades. There will be no foetal cells in the final vaccine. It is purified.' (This does not alter the fact that human foetal cells were used in the development process of a vaccine. Doesn't 'immortalised' mean killed!)

All sorts of animal cells are used in the development of vaccines generally eg viruses from dogs, horse, cows, sheep, fish. Because the mRNA molecule is vulnerable to destruction, to protect the fragile mRNA strands while they are being inserted into our DNA they are coated with PEGylated lipid nanoparticles (so microscopic that 1000-100,000 of these measure the thickness of paper). This coating hides the mRNA from our immune system which ordinarily would kill any foreign material injected into the body. These have been used in several different drugs for years and are known to induce allergies and autoimmune diseases and cause damage to the liver. They are also contaminated with aluminum, mercury, and possibly formaldehyde. The manufacturers have not yet disclosed what other toxins they contain.

Some Christians are linking the vaccination to the 'mark of the beast.' No! The 'mark of the beast' is a term originating in the Bible and the Bible is very clear that it involves false worship and those who disobey God's law. It is something totally different and definitely not man-made like a chip, vaccine or nano-robot or whatever. That is an issue irrelevant to this rationale but still needs to be addressed.

## Media

The media puts subtle, caring friendly pressure on the masses to conform for the common good. They only show interviews with people willing to have the vax. They focus on 'when,' 'how,' and 'who' - not 'if' it works 100%. Far too much false hope and trust is put into these vaccines. No advertising or discussion is on the mainstream news or in newspapers about alternatives to vaccines.

People on both sides of the vax debate are passionate about their beliefs. The media leans towards the side which says mRNA vaccines are safe and presents a biased view and no alternatives. Those trying to present another side are negatively labelled as conspiracy theorists, misinformation givers, antivaxers or fear mongers.

There are no reports on the ABC news or in the papers about those nurses, health care workers or others who don't want the vaccine. (I know so many who don't want it. I wonder how many doctors and medical professionals don't want the jab. Admittedly, more brave ones are daring to speak out. Today it is impossible to have an opinion about anything, yes anything, unless it goes with the flow.) Mounting pressure is being put on people to have the jab. There is a lot of hype and exaggerated, emotional language used and fear-mongering going on. Media gives false hope by trusting in the vaccines.

Herald-Sun 16.2.2021 pg 1 'A public messaging blitz will be aimed at more than half of Victorians who say they are not ready for the COVID-19 vaccine.... The federal government... is planning advertising aimed at those with specific concerns and to counter misinformation.' (This sounds like propaganda persuading the non-conformers to change sides. I wonder what they consider 'misinformation' to be. It seems to be anything that disagrees with their view? Who decides what misinformation is and what it is not? Can't we think for ourselves, check things out and decide?)

ABC News report: '22nd February 2021 will go down in the history books as V-Day.' (ie Victory-Day.) The news item was full of the Prime Minister, an elderly lady and nurses all excited and proud to be having the first jabs; happy smiling faces, interviews after saying they feel fine. (All looks great. Why do I feel sick in the stomach?)

## Behind the scenes

A lot of information behind the scenes is not brought out, eg the role of pharmaceutical companies who are funding the vaccines or have patents in them, because there is so much money at stake. Bill and Melinda Gates Foundation and Tony Fauci from the NIAID (National Institute for Allergies and Infectious Diseases), both own patents in vaccines. They will make a fortune when much of the world's population is vaccinated. This reveals a serious conflict of interest and desire for financial gain. It is not legal to have such a conflict of interest.

Natural remedies cannot be patented so they don't bring financial profit to the rich and powerful ones who want to make money. Then there are 'watchdogs' who take down You-tubes which try to present alternatives or and openly discuss vaccination issues. There is a system of control taking away the right to make our own decisions. This system subtly makes the decision for you. Only one side is presented on the media. Occasionally the other side is, but is presented in a negative way. There is group of doctors called 'The Great Resist' or 'World Freedom Alliance' in Denmark. Their message is, 'You have a choice.' They are fighting against having laws to enforce vaccination.

Quote from an article from CNBC, Dec 17 2020 (Consumer News and Business Channel, US): 'You can't sue Pfizer or Moderna if you have severe COVID19 vaccine side effects. The government likely won't compensate you for damages either... In the US, the federal government has granted companies like Pfizer and Moderna immunity from liability if something unintentionally goes wrong with the vaccines. You also can't sue the FDA (Food and Drug

Administration) for authorising a vaccine for emergency use, nor can you hold your employer accountable if they mandate inoculation as a condition of employment. The government doesn't want people suing the company making the COVID vaccine. Because then, the manufacturers would probably charge the government higher price per person per dose.' If they are so sure nothing will go wrong with the vaccine, then why have this law passed so they have this protection?)

## Summary of interview with Robert F Kennedy Jnr

who has a background in law and science, excerpts taken from 'Vaccines Revealed' docuseries. It is an assumption that a vax will solve everything and immunize you for life with minimal side effects and all will go back to normal. The vaccinations prime/prepare the immune system to get the virus or something else rather than defend the body as a prevention. If one's immune system is already compromised (eg through smoking, alcohol, autoimmune diseases like Rheumatoid Arthritis, thyroid diseases, diabetes, CFS, cancer, in the elderly etc), then the body is even further primed and ready to receive the virus. The effects are worse than if the body is healthy and robust.

History tells the following. In China, four of the best vaccines were chosen from about 30 which were developed for the SARS virus (a type of coronavirus). They were tested on ferrets which then developed a robust durable antibody response. Researchers thought they worked wonderfully. But – then the ferrets were exposed to the wild virus, they got horribly ill and died. The ones not vaccinated had no problems. The same researchers remembered a similar scandal in the 1960s at the NIH (National Health Institute) with the MERS-CoV. NIH skipped the animal studies and put the vax straight into 35 children. The same thing happened and when the children were exposed to the wild virus, they got horribly sick. The experiments were terminated.

In 2014, a French Vax company (Sanofi), with assistance from NIH made a vaccination for Dengue fever called Dengvaxia. There were similar signs of pathogenic priming but these were ignored. In 2016, the vaccine was given to 830,000 Philippine children. Afterwards, when they were exposed to the wild virus, they also got terribly sick and 600 died. In 2017, the Philippine government withdrew the vaccine from the market and charged Sanofi with criminal charges. This history is the same problem with coronavirus. Animal studies must be done first, then human studies, then exposure to the wild virus and see what happens. It is possible that people

will be given a vaccination that will make them sicker than before.

The FDA (Food and Drugs Ass) issues licenses to use a vaccine. FDA tests involve vaccinating a group of people, taking their blood and seeing if there is a response, (ie antibodies are produced). Then, 6 -12 months later, the blood is taken again to see if the antibodies are still there and durable. If so, the license is issued. They have never done a test in which the vaccine is given to 1000 people, none is given to another 1000 people, and then they are all exposed to the illness to see what happens.

Companies have enormous financial incentives in producing vaccines. They are not really taking any risks because they are all using federal money. 135 companies are working on vaccines using federal money and not risking their own, so they don't care. They are also protected by law from liability even if they kill people. Companies like Pfizer and MERK sponsor TV shows and hosts. They purchase advertising time and content, eg during flu season there are constant ads for flu injections and medications. TV stations become pharmaceutical representatives.

**Masks:** 80 studies were done comparing wearing of masks versus no masks. Nearly all showed that masks don't work. They only prevent bacterial infection which have bigger particles than viruses. Virus particles as so small they pass through like air. Masks can make you sicker because bacteria grow on the mask and oxygen flow is inhibited. They only work in a limited way because they stop the person touching his face.

**Hydroxychloroquine:** is an unpatented medicine which works and is inexpensive. Tony Fauci doesn't like it and only prefers those medicines which can be patented and enrich his pharmaceutical friends and sponsors. He said it doesn't work and is supported by Lancet. Two studies were published by Fauci's team but were withdrawn a week later because of fraud. The main issue is that we need to be told the truth and not be confused and obstructed by bias and prejudice with no conflict of interest. Fauci is extremely biased against things like Vit C injections, zinc etc because they are unpatentable even though effective against coronavirus.

**Moderna Trials and Tony Fauci:** mRNA is experimental technology never been used before. It alters genetic experiences and has potential for cancer and longterm effects. Fauci has been involved with the company since 2012 and Bill Gates has financed it heavily. He is one of the most powerful people in the world and has given away six billion dollars of grant money to scientists all over the globe. He can make or destroy

careers and decide what is researched or not. He can block federal funding to Universities which want to do studies he doesn't want. He uses his power to shut down science. He has a clear agenda to drive this company and gave \$483 million dollars to Moderna to accelerate development of mRNA-1723 to enable large scale production. He said to waive animal studies. This should not happen if he knows about pathogen priming.

Fauci let Moderna go right into human studies in Seattle. The Phase One study chose 45 people and lasted only 45 days. There was no time for proper testing to find out about long incubation periods or effects. The people used were healthy and not the typical American with diseases of different kinds, so the studies did not show how unhealthy people would respond. Results – 15 had a low dose of the vaccine and one got seriously ill and taken to hospital. This is 6%. 15 had a medium dose. 15 had a high dose and three got seriously ill – 20%. One volunteer, Ian Haydon, was one of the three who had a severe reaction with body aches, uncontrollable chills and vomiting, and lost consciousness. Fortunately, his girlfriend was with him and took him to hospital. A week later he recovered and went on CNN TV for an interview with a host who is also a doctor. Before going on camera, the doctor told him not to talk about the side-effects because it will put fear into the public. So, Ian lied and said he supported the vaccine. Ian put this story on Twitter.

mRNA vaccine is meant to permanently alter the RNA building block of the cell. The cellular expression is being messed with in messenger RNA. You won't know if this causes cancer etc which may occur 6 months or years later. Surveillance systems and follow-ups will not function and we'll never know who died of the vaccine.

If studies are done on small numbers, the results are not accurate. Example – if a vax kills 1 in 1000, this equals 700,000 in 7 billion people.

Everyone wants a vax to be true and do the magic job. Fauci says we may only have antibodies that last three months. Therefore, we need to have more jabs. That's great for the manufacturing companies!

## Summary of interviews with Dr Judy Mikovits,

a microbiologist who has worked in the area of vaccines for 40 years.

- Vaccinations make people more susceptible to infections.
- We need sunshine and love to boost immunity; fear is a powerful immune

suppressive.

- There is a 'plague of corruption' happening which started about forty years ago when information was distorted, changed and mistakes were covered up.

- Vaccinations can contain cancer-causing retroviruses.

- Testing needs to involve double-blind studies, placebo, and phases 1, 2 and 3. Each time a new ingredient is introduced, it has to be tested individually and then in combination with the others involved. There should not just be one single trial but other safety trials with accelerated doss and levels of toxicity. Because of time pressures, these safety trials are not being done.

- Many have been said to die from COVID19 but have actually died from other causes.

- There is an Excipient List of ingredients in vaccinations other than the main antigen which we are not told about. In past vaccinations, these have included such things as aluminium, formaldehyde, polysorbate 80 (a detergent which opens the blood-brain barrier).

- In 1986 in America, the National Vaccination Injury Compensation Act was passed where all liability was removed from the manufacturers. They cannot be sued for damages.

- In any year, about 70% revenue of pharmaceutical companies is spent on advertising. The audience is unaware of what they are being taught to think and assume that what they hear on the news is correct. No vaccine on the mRNA schedule is safe. Hydroxychloroquine is.

- Dr Mikovits says propaganda is driving people to fear. There is control over who gets funded and what gets published. If you don't 'speak the party line' then you don't get the funds.

## Concerns for the future

A present, no prior vaccines ever used nano-robots to carry drugs into cells. However, the more that vaccines are given, the more the possibility that other technologies can be introduced into the body through vaccinations. In the wrong hands this could be dangerous. Barcodes are already being injected in Swedish people so they don't have to use cards for public transport or other things. They are scanned like a product. It is made to look simple, time-saving, efficient and attractive. At the same time, that person becomes locked into a system which can track their behaviour and lives and even be controlled and manipulated. Just look at the control that China has over their people as they are using a type of this system.

People could easily be injected with things harmful and they don't want. For example, nano-robots can be used to deliver drugs

into the cells which may calm you down.

But they also switch off one's ability to think for him/herself. All depends on who is doing and what their intentions is. Who can we truly trust? A vaccination using nano-robots is a step to getting harmful drugs into the system to manipulate the minds of masses.

There is a mega-complicated controversial political path I am not going to venture into in this article. However, it is well worth looking into and seeing how the 'powers-that-be' are working behind the scenes. COVID-19 vaccines are a mere tool in a gigantic toolbox full of ways to seemingly fix things but shape the whole world into a particular new form.

## Conclusion

The writer of this rationale chooses to attempt to see both sides of the vaccination issue to understand it as best an ordinary person can amid all the confusion. We can never say we weren't warned because there is so much information floating around. Much more could be collected but then this article would never get finished.

Putting something into a box of conspiracy theories is to dismiss it and brush it aside. It is a lazy excuse not to open the lid to find out for oneself and to continue relying on what others say only through the media. Decide who to trust and who not to trust. Beware the sophistry! Beware manipulation and subtle techniques of persuasion, the smiley, happy faces, enthusiasm, positive interviews with the old and the very young children, pretty women in pretty clothes, use of language to exaggerate

We cannot say we haven't been warned. Glean what you can using wisdom, discernment and gut instinct. Each one needs to do his/her own studies and make informed decisions and not be forced by media or peer pressure. Freedom of choice is crucial just as when choosing vaccines for the common flu. Ultimately, our bodies are ours and we should be able to decide what goes into them. Euthanasia laws allow people to take their own life if they want to. Abortion laws allow mothers to take their babies lives if they want to. When we go to a doctor, we still have the choice to follow their advice or not. Flu injections are not mandatory for everyone. So it should be with vaccinations - COVID or other.

**DISCLAIMER:** The writer has no scientific or legal background and does not claim to have extensively researched this issue completely or carried out any scientific experiments. Many sources of information have not been included but none of the information is invented.

# MSM...Sulphur

**Methylsulphonylmethane, a natural solution for pain**

From the 1960s Dimethyl sulfoxide (DMSO), was used around the world for relief of arthritis, muscle and skeletal disorders, acute head and spinal trauma, athletic injuries and many other conditions. It is a clear odorless liquid, inexpensively produced from trees. It is an organic sulphur compound containing a high concentration of naturally occurring, bioavailable organic sulphur – this means that it contains sulphur molecules that your body can easily use at a cellular level. Since organic sulphur plays an essential role in the oxygenation and detoxification of all living things, you could say without fear of contradiction, that it is the key to life. DMSO has been the subject of more than 55,000 studies worldwide.

We get sulphur from our diets from many different sources (eg legumes, cruciferous vegetables, garlic and onions to name but a few). But over the years chemical based fertilizers have led to many nutritional deficiencies in our soils and food – and sulphur is just one of them.

DMSO is not really a drug, it is like a multi-functional “therapeutic principle” and agent with hundreds of properties and applications in the body. It is safe and of extraordinarily low toxicity, but occasionally a patient is allergic to it. But the most common side effect is the odour. No matter how DMSO is given, whether intravenously, nasally, orally, instilled into the bladder, under or on the skin, in the muscle or anywhere in or on the body it produces a distinctive fish or oyster-like odour and taste in the mouth. Some people can handle this short term, but many people stop taking it long term.

In the 1970s it was discovered that when DMSO enters the body it is converted into Methylsulphonylmethane or MSM, when the body attaches an oxygen molecule to the DMSO and they become DMSO<sub>2</sub>. This also can be called MSM. MSM does not produce the DMSO fishy breath or body odour. Plus it remains in the body longer than DMSO. MSM is an odorless metabolite of DMSO and although they have a few differences, it was soon learned that MSM had amazing properties. MSM is a source of Sulphur, a mineral element critical to the normal function and structure of the body.

An American doctor, Dr Stanley Jacob worked at the Oregon Health Sciences University in Portland in the 1960s and since then has treated thousands of patients with severe pain. MSM had been successfully used for pain, so one of the first things he set out to learn about MSM was its safety. In long term toxicity trials with laboratory animals they learned there was no toxic effects with oral doses of 8 grams per kilogram of body weight (20 grams per kilogram of body weight is the lethal dose). Most people take between 2-8 grams total as a daily supplement. As a comparison table salt has a lethal dose of 2.5 to 3 grams per kilogram of weight. So it is far safer to use than common table salt.

In plants, sulphur is found mostly in protein and also in compounds that give certain plants their famous odours – onion, garlic, horseradish, cabbage etc. Sulphur is synonymous with smells. Your body needs sulfur to build and fix your DNA and protect your cells from damage that can lead to serious diseases such as cancers. Sulfur also assists your body to metabolize food and contributes to the health of your skin, tendons, and ligaments. The two amino acids that include sulfur are methionine and cysteine. So sulphur participates in many basic structural and functional aspects of your being. It is involved in the building up of our body substance, gives energy that sustains our activity and the neutralization of oxidants and toxins that can destroy our health from within.

Many MSM users believe the supplement corrects a sulphur deficiency in the body. Too many people are sulphur deficient and do not know it. Back in the nineteenth century elemental sulphur was used to treat many disorders because no better remedies were available. Today we know that people in a health crisis or recovering from trauma have an increased demand for more nutrients. At this point in time we have many questions but not all the answers. We know from clinical observation that MSM helps reduce pain, inflammation and other symptoms and it accelerates healing without side effects.

The following cases and many more are documented in more detail than given

here and can be read in Dr Stanley Jacob's book *The Miracle of MSM The Natural Solution for Pain*. He has successfully treated thousands of patients for pain and doesn't want people to suffer any longer.

## MSM and pain

At the DMSO clinic at Oregon Health Sciences University, MSM has been used in the treatment of many patients with a variety of painful conditions. The supplement has proven to give a significant pain relief in about 70% of cases. Among the remainder it has had a minor effect or none at all. There is no substance, whether a drug or natural remedy that works in every case. MSM is no exception.

MSM works by inhibiting pain impulses along a major nervous system network called C fibers. These fibers carry messages of pain from a site of damaged tissue to the brain. It also reduces inflammation which puts pressure on nerves and other tissues and cause pain. MSM also enhances blood flow and reduces muscle spasms. Acute pain responds more rapidly, but chronic pain responds as well. Some people respond within a few days and get relief, others it may take weeks or months. For severe pain you may need to take at least two heaping teaspoons of crystals (each level teaspoon is four grams) a day. More about dosages later in this article.

## Inflammation

Inflammation is a complex reaction of the body whenever its cells or tissues are damaged through disease or injury. The signs of inflammation are redness, heat, pain, swelling and loss of function of particular body part. MSM has been known to reduce the swelling, normalize the heat, and decrease the redness and pain. It has also permitted a reduction in the dosage of cortisone necessary to control the swelling. This has been seen repeatedly in the cases of rheumatoid arthritis, among the most inflammatory of diseases known to medicine.

## Arthritis

Wear and tear of joints of the body lead to osteoarthritis or degenerative joint disease. The soft spongy layer of cushioning cartilage around the bone in a joint becomes damaged and becomes dry, rough, brittle and pitted. Inflammation affects the synovial membrane, the tissue lining the joints. Weight bearing joints under the most stress are the most common trouble spots.

These include flexible bones in the spine, knees, hip, shoulders, hands and feet.

MSM has been known to reduce pain, inflammation and muscle spasms around arthritic joints. It lessens the formation of scar tissue and improves blood flow to the area, slowing down degeneration and delivering active sulphur to the area. Medical studies have shown that sulphur levels in arthritic joints are lower than normal, often only having about one-third of the level of normal cartilage. In the 1930s they found the cysteine content of fingernails to be 25% lower in arthritics. Cysteine is a Sulphur amino acid that helps harden tissues such as fingernails and hair.

## Back pain

Back pain is the single most expensive health-care problem and the most common cause of disability for persons under the age of 45. The causes are many. They include arthritic changes of spine as a result of wear and tear, calcium deposits that develop as a result of spinal stress, trauma, nutritional and genetic factors plus wear and tear, and these dig into the surrounding soft tissue and cause pain. Disc herniation, sprains of the ligaments that connect muscles to the spine, misalignments, repetitive stress injuries caused by repeated twisting, lifting, pulling, jogging or running and can also be caused by psychological stresses that cause muscle spasms and pain.

Remember, MSM inhibits the transmission of pain along nerve fibers, reduces inflammation and muscle spasms. Often, along with gentle exercises, ultrasound, hot baths, massage and if needed mild muscle relaxants, MSM can be used along with these and in many cases MSM has made the difference.

## Headaches

The vast majority of headaches are related to muscle spasms at the back of the neck and changes in blood vessels feeding into the head. Tension is frequently the underlying cause and can be generated from emotional stress, fatigue, misalignment of the cervical spine, premenstrual stress, nutritional difficulties, eye disorders and medication.

Applying MSM gel, cream or lotion to the back of the neck has been found to reduce muscle spasm of the skeletal tissue under the in the area it is applied. Some of the MSM acts in the skin tissue to reduce surrounding tension, while some enters

the bloodstream and circulates in the body. Many whiplash patients have used MSM in this fashion, applying it to the skin as well as taking it orally.

## Fibromyalgia

The cause of fibromyalgia is not known. Before symptoms develop some patients report having had viral, bacterial or parasitic infections, physical trauma such as a car accident, a fall or an injury. It is associated with changes in muscle metabolism such as decreased blood flow which causes fatigue and decreased strength. Many of Dr Jacob's patients were in severe pain from this, but MSM helped, and one person gained a 50% reduction in pain after one dose. As she continued to take MSM the pain became less and less, and now there is hardly any pain at all.

## Muscle pain and athletic injuries

Active people have countless ways in which to damage their bodies and cause pain. This can come from an injury to a muscle, tendon, ligament or bone, or it can be the result of an accumulation of small stresses over the years. But we all have experienced the soreness that comes as a result of using muscles that have not had a severe workout for some time. This soreness can stay with us for a few days. Deep down in the connective tissue the activity releases a caustic enzyme that irritates local nerve endings and trigger pain. There is also localized rupture of tiny blood vessels and subsequent inflammation, adding to the discomfort.

MSM is widely used by athletes, body-builders and fitness enthusiasts to reduce pain, soreness and inflammation associated with injuries, strained or cramped muscles over the years and over-extended joints. Dr Jacob related cases of people who have benefitted by taking MSM. From a football player who had all the aches and pains associated with old football injuries to a marathon runner who had chronic soreness in his feet resulting in plantar fasciitis, who found great relief soaking his feet in a foot bath with sixty grams of MSM dissolved in the water for 15-20 minutes. This eliminated the pain quite effectively. He also gargles for a sore throat and for any nasal congestion he swabs his nasal passages. Others saw pain from knee injuries decreasing, muscle soreness of weight lifters was lessened, some used MSM for shin splints.

One coach used MSM soaks for 10-20

minutes after a workout. There is a temporary relief of pain for some hours after the soak, but when it is repeated over days and weeks, the MSM will build up and stay in the system, bringing sulphur right to the injury. Note the MSM soak is not a regular hot tub. A hot tub can be only used after the acute phase of an injury has passed, but an injured athlete can use a MSM soak immediately after an injury because the water is kept below body temperature. A hot tub "wilts you" while a MSM soak has a relaxing, stress reducing and restorative effect.

## Tendonitis

MSM is a valuable remedy against most inflammatory musculoskeletal conditions involving the tendons and ligaments. Forceful repetitive motions can create damage and inflammation that result in severe pain, chronic soreness, scar tissue and stiffening and loss of movement. MSM has been shown to relieve the pain of Tennis elbow, Golfer's elbow, tendonitis of the shoulders, arms, legs and feet, Achilles tendon contraction and bursitis. 60-70% of Dr Jacob's patients with simple bursitis or tendonitis respond very well the MSM. They start at two heaping teaspoons three times a day, and then cut back to one level teaspoon twice a day.

## Carpal tunnel syndrome

This is the most widely reported repetitive strain injury (RSI) that occurs in the workplace. It is caused by an inflammation of the protective sheaths surrounding the nerve. Generally the problem first appears as a painful tingling in one or both hands during the night. Most commonly the thumb, index and ring finger are affected. Many patients at the clinic were given oral and topical MSM and approximately 70% or more of the individuals who took the MSM reported significant reduction of pain. Remember, MSM reduces inflammation and pain. One woman had debilitating tendonitis of the hand. Her thumbs were affected with "trigger thumb" and often were locked straight or bent. She took a quarter to a half a teaspoon twice a day and noticed an improvement after three to four days. After two weeks her pain relief was at a new level, and some days has whole days without any pain at all.

## Temporomandibular joint syndrome

Press a fingertip into the flesh just in front of the middle of your ear and shut your mouth a few times. The moving joint is

the temporomandibular joint (TMJ), the hinge that allows you to open your mouth, bite, chew, talk and shout. A number of debilitating symptoms are produced when the jaws do not work together in synchronized harmony. Symptoms such as a dull ache, clicking, grating, difficulty opening and closing the mouth freely, difficulty in chewing and swallowing are evident. In addition, seemingly unrelated problems such as back pain, leg cramps and nausea can be attributed to TMJ. MSM was shown to work well for TMJ problems. Use MSM both orally and topically.

## Dental pain

Gingivitis is an inflammatory condition of the gums that can be aided by MSM. It can also help tooth sensitivity. To treat this make a paste of MSM with water and rub the paste over the gums twice a day for a week. It was also effective in other dental problems.

## Heartburn and hyperacidity

Often heartburn is a sign of gastro-esophageal reflux disease (GERD), a chronic condition that allows acid from the stomach to rise upward into the esophagus and sometimes far up as your mouth. As Dr Jacob was treating his patients with MSM they were telling him that they were getting relief from their heartburn. Many of these patients were on antacids and related that MSM gave them relief from heartburn comparable to the medication they were taking. It also frequently permits a patient to lower the dosage of stronger prescription medicines. MSM by itself is not a solution, nor is a medication. If you change your diet and give your body the nutrients it needs, it can heal from many of these diseases.

## Allergies

Many people are affected by allergies. Symptoms include headaches, fatigue, sneezing, watery eyes, stuffy sinuses, mood and behavior changes, diarrhea, coughing, skin rashes, muscular aches and pains. When MSM was first used for patients primarily for musculoskeletal and other pain problems it was found to help people with allergy problems. After taking MSM for arthritis, people found their sneezing, coughing, sinusitis and allergic symptoms cleared up. Severe pollen allergies can be quite incapacitating. You sneeze non-stop. Your eyes burn from morning until night. Antihistamine medications may or may not help. The impact of MSM on pollen allergies is so superb

in so many cases that it might be the best remedy since the advent of antihistamines. People frequently say they have far better results with MSM than with antihistamines. It works for people of all ages, from small children to centenarians.

In a great many cases, significant improvement comes rapidly, usually within a day or two, even for people suffering allergies for years. MSM often enables people to reduce their allergy medication significantly and in many cases discontinue it. Dr Jacob has seen hundreds of hay fever and allergy cases clear up with MSM. Suggested dose is a half a teaspoon in morning and then evening. Later you may be able to reduce the dose to a quarter teaspoon morning and night. Dosage will vary. Some may need 3 or 4 grams twice daily. Other 2 to 8 grams a day. It may not work for every case, but it is certainly worth trying. Take twice daily. The evening dose is important because pollen tends to accumulate in the nasal passages at night and thus upon awakening you experience sneezing, coughing and burning eyes. But don't take it too late at night as it may give you energy and keep you awake.

At the clinic in Portland, many patient treated for interstitial cystitis, an inflammatory condition of the bladder, have mentioned that their food allergies have diminished after taking MSM. It is not claimed that MSM cures allergies, however it gives patients a tolerance for food they could not otherwise eat.

## Asthma

After lying on her couch, asthmatic Katherine knew what to expect from another asthma attack. But prior to this a friend gave her a bottle of MSM capsules. After twenty minutes she was able to breathe freely again, no longer wheezing. It was faster than any relief she had from using any medication. For four months after starting MSM she didn't have to use her inhaler a single time. Once she ran out of MSM and was unable to find any to purchase and for the three days before she found a source she started to struggle again to find her breath. Once again she experienced ease of breathing within twenty minutes of taking the MSM. She started on 4 grams a day for two weeks, then took 6 grams for another week, then increased to her present dosage of 10 grams.

Dr Jacob found that when people take MSM those who are on cortisone are able to lower the dose. Whenever cortisone is taken orally or intra-nasally, your body stops producing the natural cortisone

hormone, cortisol, which is essentially for human life. By gradually reducing the intake of cortisone you give your body a chance to start producing its own cortisol. You do not want to stop cortisone suddenly. He found that children could be weaned off cortisone and sustained them with MSM alone. This is not possible with an antihistaminic agent. Asthmatic children usually do not need more than 8 grams a day, although some resistant cases have needed higher doses. Start with 2 grams in divided doses. Increase if needed.

## Rheumatoid arthritis

Many people with rheumatoid arthritis have been on a merry-go-round of medications for years. Swollen joints are not the only problem as the medications cause many serious side effects. One mother decided to try MSM after hearing about the work that was being done at the Oregon Health Sciences University. She saw improvement within two weeks. At first the appetite and disposition improved, her knee was less swollen. She was slowly weaned off steroids. Her knee inflammation subsided. The doctors said she was in remission. But when the MSM was stopped, the symptoms started getting worse again they knew it was not a true remission. While she was on the MSM she lived a normal, happy and pain free life. The clinic found that more than two-thirds of the children treated were significantly improved by taking MSM and applying it topically.

## Lupus

The autoimmune disease lupus is where the body's immune system becomes deranged or hyperstimulated and attacks its own tissue, causing pain, inflammation and many other symptoms. Lupus affects the skin, joints, blood and multiple organs. MSM can provide major relief from lupus. If used it improves joint, skin and vascular symptoms. Patients taking MSM experience results at least as good as from taking cortisone, but without the side effects associated with the drug.

## Interstitial cystitis

This is a urinary tract infection that caused abdominal pain and an urgency to urinate. The pressure builds up around the bladder to the point of pain and spasm so that you must desperately urinate thirty, forty, fifty or more times a day. In IC the mucous membranes and underlying tissue of the bladder walls become inflamed or irritated. Scarring, stiffening, and even bleeding de-

velop in the tissue, along with a decreased bladder capacity. Typically there is an urgent need to urinate both day and night. In 1962 DMSO was used as a prescriptive again for IC. It was applied as a bladder wash. But after treating hundreds of moderate to severe IC patients over thirty five years, Dr Jacob found that MSM was even better than DMSO for this condition. Ninety percent of them experienced less pain, frequency and urgency, and MSM did not sting when entering the bladder compared to DMSO.

## Scleroderma

This is a painful and crippling disease of the body's connective tissue. The skin turns rock hard and in its most destructive phase, the disease envelops the internal organs – the heart, lungs, kidneys, muscles, joints, blood vessels and digestive tract – in a progressive tightening grip of scar tissue. At first Dr Jacob used DMSO to treat patients, but later began using MSM and had even better results. MSM performs major repair work in the body, increases blood flow, is an analgesic and anti-inflammatory and it also softens scar tissue. It does not cure scleroderma, but many people see improvement in a couple of months. It does make a difference.

## Extra benefits

MSM helps when constipated. It produces a general “tonic” effect in the bowels and normalizes bowel function, particular for older individuals. The use of sulphur in large doses as a laxative dates back to antiquity. Sulphur and molasses was used as a folk remedy years ago. The sulphur in MSM may produce the same benefit. It was found to work better than Metamucil in some nursing homes.

Scar tissue is a result of an operation or injury. Used topically and orally it lessens scar formation. When MSM is taken before surgery, scars tend to be smaller. Another type of scar tissue are called keloids. These protrude as a result of excessive amounts of collagen in healing tissue. MSM gradually softens and reduces heavy scar tissue and makes it less prominent. But it can take months or even years, so you need to be patient.

## Skin, hair, nails

There is evidence that MSM does a lots of good things for the body. Because of its sulphur content it has been known to keep the hair healthy and the complexion youth-

ful. Skin, hair, nails are normally high in cysteine, an amino acid that gives keratin, a particular kind of protein found in these tissues its property of toughness. So MSM has a reputation of softer skin, harder nails and thicker hair that grows faster.

The following list is a summary of conditions helped.

Osteoarthritis, rheumatoid arthritis, joint inflammation, any chronic pain, bursitis, tendonitis, musculoskeletal pain, fibromyalgia, back pain from herniated discs, muscle cramps, leg cramps, muscle soreness, tendonitis, bursitis, carpal tunnel syndrome, migraine headaches, high blood pressure, high cholesterol, hangover, allergies, parasitic infections of the intestinal and urogenital tracts, interstitial cystitis, scleroderma, scar tissue, stretch marks, sun/wind burn, eye inflammation, oral hygiene, periodontal disease, wounds, cuts and abrasions, chronic constipation, sour stomach, ulcers, diverticulosis, premenstrual syndrome (PMS), mood elevation, obesity, poor circulation, type 2 diabetes, liver problems, cold sores, shingles, Temporomandibular joint syndrome (TMJ), Bell's palsy, Buerger's disease, inflammatory bowel disease, Alzheimer's disease, lung disorders including emphysema and pneumonia, autoimmune disorders, chronic fatigue, fibromyalgia, and just about any other ailment you can name.

## How to take MSM

MSM comes in different forms. As powder, sometimes called crystals, is the most common way, it can be put in capsules, (nor sure how easily these are to buy, or put the powder yourself in the empty gelatin free capsules) and gel or lotion (dissolve the flakes in warm water). The easiest way to take it internally is to stir the powder into water or juice. It is slightly bitter to taste, but it is easy to take with water and in the smaller doses is hardly tasted. Heat does not affect MSM.

One level kitchen teaspoon holds about 4 grams. For general maintenance a dose of around 2 grams (½ teaspoon) or less is usually adequate. Higher doses are typically necessary to experience therapeutic effects. You may need 3 to 4 grams of MSM a day to control your allergic symptoms of sneezing, runny nose and burning eyes. For severe, deep-seated conditions you will probably need higher doses, and sometimes much higher to experience relief. Dr Jacob said that the higher dose you can take without developing an upset stomach, the quicker you will experience a healing response and the fewer symp-

tomatic recurrences you will have. If you don't see a response, increase your dosage slowly. Start low, work up slowly. Build up to an optimum dose perhaps over a two or three week period. Many people start off with 2 grams a day and increase after a few days if needed. As you raise the level of MSM, it is a good idea to divide the doses during the day.

Can you take too much? If you overdo it you may develop minor gastrointestinal discomfort or more frequent stools. Just cut back if that happens. As just stated, it is better to divide the doses over the day to avoid any GI reactions. For pain and inflammatory conditions and musculoskeletal problems, it is recommended to take it orally and apply it topically as a gel or lotions. Some take it on an empty stomach but it is better to have some food in the stomach. As a general rule don't take it close to bedtime as it has the tendency to increase your energy level.

How fast does it work? There is no way to predict your response because every situation is different. Some people notice improvement after a few days, other it may take months. But remember, it is extremely safe. It has one-seventh the “toxicity” of common table salt. Experience over the years suggests that MSM may have a similar characteristic as vitamin C. This means if the body has a greater need for it there is a greater tolerance for higher doses.

Will it interfere with any medication? MSM has great potential as a nutritional supplement that can be used to support medical treatments. After many years of clinical use, it has not been found to interfere with any prescribed medication. Should you be having a liver function test, stop the supplement for four days before the test as it has sometimes interfered with the accuracy when testing liver enzymes. It is safe for pregnant woman. But it is worth repeating that the healing effects of MSM often allow cutting back on prescriptions and sometimes even eliminating medication. However, please check with your physician before taking MSM.

Where to purchase? It is available at Chemists and some Health Food stores. There are many outlets that sell it online. I would highly recommend the book *The Miracle of MSM The Natural Pain Solution* by Stanley W Jacob MD; Ronald M Lawrence MD; and Martin Zucker.

*The Miracle of MSM The Natural Pain Solution* by Stanley W Jacob MD; Ronald M Lawrence MD; and Martin Zucker.

# Ultimate Proof: Covid-19 Was Planned to Usher in the New World Order

<https://tapnewswire.com/2020/09/ultimate-proof-covid-19-was-planned-to-usher-in-the-new-world-order/?amp=1>

The following article has been edited slightly, the pictures removed and the foot notes taken out, because of lack of space. If you want to read the article in its entirety, see the link above.

## 1. Medical Doctors declare that the pandemic was planned

A group of over 500 medical doctors in Germany called 'Doctors for Information' made a shocking statement during a national press conference: 'The Corona panic is a play. It's a scam. A swindle. It's high time we understood that we're in the midst of a global crime.' This large group of medical experts publishes a medical newspaper of 500,000 copies every week, to inform the public about the massive misinformation in the mainstream media. They also organize mass protests in Europe, like the one on August 29, 2020 where 12 million people signed up and several millions actually showed up.

## 2. Hundreds of Spanish medical doctors say the pandemic is planned

In Spain a group of 600 medical doctors called 'Doctors for Truth', made a similar statement during a press conference. 'Covid-19 is a false pandemic created for political purposes. This is a world dictatorship with a sanitary excuse. We urge doctors, the media and political authorities to stop this criminal operation, by spreading the truth.' Germany and Spain are just two examples. Similar large groups of hundreds of medical experts exist in countries across the world. In the USA a documentary called PANDEMIC, which exposes COVID-19 as a criminal operation, is supported by over 27,000 medical doctors!

## 3. In 2015 a testing method was patented for... COVID-19

In 2015 a 'System and Method for Testing for COVID-19' was patented by Richard Rothschild, with a Dutch government organisation. Did you catch that? In 2015 – four years before the disease even existed – a testing method for COVID-19 was developed. (2B)

## 4. Millions of COVID-19 test kits sold in 2017 and 2018

As we know the new COVID-19 disease appeared in China towards the end of

2019. Therefore it was named COVID-19 which is an acronym for Corona Virus Disease 2019. Data from the World Integrated Trade Solution (WITS), however, shows something astonishing: "in 2017 and 2018 – two years before COVID-19 – hundreds of millions of test kits for COVID-19 were distributed worldwide."

## 5. 'Quick, hide it'

This baffling data was discovered by someone on September 5, 2020, who posted it on social media. The next day it went viral all over the world. On September 6 the WITS suddenly changed the original designation 'COVID-19' into the vague 'Medical Test Kits'. This is not allowed in trade, because you always have to be specific. There are many types of test kits for different diseases. They however forgot to delete one detail: the product code for these 'Medical Test Kits' is 300215 which means: 'COVID-19 Test Kits'. Their cover up came too late: this critical information was uncovered and is being revealed by millions worldwide. Two years before the outbreak of COVID-19 the USA, the EU, China and nations around the world started exporting millions of diagnostic test instruments for... COVID-19, a disease that supposedly didn't even exist back then.

## 6. The COVID-19 'Project' is planned until 2025

The World Bank shows that COVID-19 is a project that is planned to continue until... end of March 2025! So the intention is to continue it until then.

## 7. Anthony Fauci guaranteed a pandemic within the next two years

In 2017 Anthony Fauci made a very strange prediction, with an even stranger certainty. With complete confidence Fauci announced that during the first term of President Trump a surprise outbreak of an infectious disease would surely happen. "There is NO QUESTION there is going to be a challenge for the coming administration in the arena of infectious diseases. "There will be a SURPRISE OUTBREAK. There's NO DOUBT in anyone's mind about this." How could Fauci guarantee a surprise outbreak to happen during the first term of the Trump administration? What did he know, that we don't?

## 8. Bill and Melinda Gates guaranteed an imminent global pandemic

In 2018 Bill Gates publicly announced that a global pandemic was on its way that could wipe out 30 million people. He said this would probably happen during the next decade. Melinda Gates added that an engineered virus is humanities greatest threat and also assured this would hit humanity in the coming years. 'A global pandemic is ON ITS WAY. An ENGINEERED VIRUS is humanities greatest threat. This will happen in the NEXT DECADE.' – BILL GATES, in 2018

## 9. Practicing for a pandemic

A few months before the outbreak, Bill Gates – the world's no. 1 vaccine dealer – organized an event in New York City. Guess what the event was all about? It was a 'coronavirus pandemic exercise'. On the large display in the auditorium, you see the text printed: 'We need to prepare for the event that becomes a pandemic.' This pandemic exercise was called Event201 and took place in October 2019, literally right before the outbreak. Their conclusion was that all of humanity must be vaccinated...

## 10. Excitement about selling vaccines in the next year

Shortly after this 'exercise for a coronavirus pandemic' Bill Gates tweeted: "I'm particularly excited about what the next year could mean for one of the best buys in global health: vaccines." – Bill Gates, Dec. 19, 2019 Think about this: the world's no. 1 vaccine dealer guarantees a global pandemic to occur in the next few years, and his wife said we should all fear an engineered virus that is 'on its way'. Then they organize an exercise for an imminent global pandemic and say vaccines will be the only solution. Next Bill Gates tweets how excited he is about selling vaccines in the next year. Immediately after that, the announced pandemic breaks out. Indeed, right away Bill Gates proclaims that the only solution for humanity is to buy his vaccines.

## 11. 2020 Coronavirus pandemic predicted in 2013

Back in 2013 a musician wrote a song called PANDEMIC. In his lyrics he described a global pandemic that kills millions, shuts down economies and gives rise to riots. His song literally described in great detail what we are seeing in our world today, seven years later. He even mentioned the exact year of the pandemic: 2020, and the specific type of virus: a coronavirus. How could this musician have known in 2013 that a coronavirus pandemic would break out in 2020, and that during this pandemic riots would erupt? He

explains: 'I did research back in 2012, and read the so called "conspiracy theories". You know, those investigations the media doesn't want us to look into. According to those theories pandemics were bound to happen in the decade of 2020 – 2030. So I wrote the song Pandemic about it.'

### **12. Global preparedness monitoring board in Sept. 2019: 'Get ready for a global Coronavirus pandemic'**

In September 2019 – also right before the outbreak – the Global Preparedness Monitoring Board released a report titled 'A World At Risk'. It stressed the need to be prepared for... a coronavirus outbreak! On the cover of the report is the picture of a coronavirus and people wearing face masks. In the report we read the following interesting paragraph: 'The United Nations (including WHO) conducts at least two system-wide training and simulation exercises, including one for covering the deliberate release of a lethal respiratory pathogen.' Did you catch that? They have been practicing for a deliberate release of a lethal respiratory pathogen.

### **13. Outbreak from China announced**

In 2018 The Institute for Disease Modeling made a video in which they show a flu virus originating in China, from the area of Wuhan, and spreading all over the world, killing millions. They called it 'A Simulation For A Global Flu Pandemic.' That is exactly what happened, two years later. Why did they say it would come from China? Why not Africa, where far more diseases are present? Or why not South America? Or India? How could they know there would be a flu virus coming from China and even show Wuhan as the originating area, that would infect the whole world?

Was This Coronavirus Engineered? Where did the virus come from? One of the world's leading experts in bioweapons is Dr. Francis Boyle. He is convinced it originated from a bioweapon lab in Wuhan, the Bio Safety Lab Level 4. This facility is specialized in the development of... coronaviruses! They take existing viruses and 'weaponize' them, meaning they make them far more dangerous, to be used as a biological weapon.

### **14. In 2015 Anthony Fauci gave this very lab 3.7 million dollars**

Figure this: the same man who guaranteed a surprise outbreak of a virus in the next two years, gave almost 4 million dollars to a lab that develops coronaviruses. There are however more options in Wuhan where this virus could have originated from. Some believe it came from the Wuhan Virology Institute, where they also work on weaponizing coronaviruses.

### **15. Chinese biological experiments to infect humans with Coronavirus exposed in 2015 by Italian State Media**

Five years ago, Italian state owned media Company, RAI – Radiotelevisione Italiana, – exposed dark efforts by China on viruses. The video, which was broadcast in November, 2015, showed how Chinese scientists were doing biological experiments on a SARS connected virus believed to be Coronavirus, derived from bats and mice, asking whether it was worth the risk in order to be able to modify the virus for compatibility with human organisms.

### **16. Movies predicted the Coronavirus pandemic**

Predictive programming is the process of informing the population about events that are soon to occur. The past years several movies and television series were produced, about... a global coronavirus pandemic! The film 'Dead Plague' depicts a global pandemic with a coronavirus and even mentions hydroxychloroquine as the cure. Another film called 'Contagion' shows how a coronavirus spreads globally with social distancing, face masks, lock-downs, washing of hands etc. as a result.

### **17. Pandemic depicted during London Olympics Games In 2012**

Talking about predictive programming: during the opening show of the Summer Olympics in 2012, a coronavirus pandemic was played out for the eyes of the whole world. Dozens of hospital beds, large numbers of nurses becoming puppets of a controlling system, death lurking about, a demonic giant rising up over the world, and the whole theatre was lit up in such a way that seen from the sky it looked like a coronavirus.

### **18. Worldwide lockdown predicted in 2008**

The author and investigator Robin de Ruitter predicted in 2008 that there would come a global lockdown. He said the purpose of this would be to create a new world of authoritarian control. Because much of what he wrote back in 2008 is now happening right in front of our eyes, this book has been republished.

### **19. Journalists predicted planned pandemic**

In 2014 the investigative journalist Harry Vox predicted a planned global pandemic and said why the 'ruling class' would do such thing: 'They will stop at nothing to complete their toolkit of control. One of the things that had been missing from their toolkit is quarantines and curfews. The plan is to get hundreds of thousands of people infected with it and create the next phase of control.'

### **20. 'Scenario for the future'**

This renown researcher refers to a famous document by the Rockefeller Foundation in which everything we see happening now is literally predicted in great detail: the global pandemic, the lock-downs, the collapse of the economy and the imposing of authoritarian control. It's all described with terrifying accuracy... ten years before it happened!

### **Rockefeller Foundation's Operation**

**Lockstep:** 'Under The Guise Of A Pandemic, We Will Create A Prison State' The 'Scenario for the Future' continues with comparing two different responses to their predicted pandemic: the USA only 'strongly discouraged' people from flying, while China enforced mandatory quarantine for all citizens. The first response is accused of spreading the virus even more, while the imposing of a suffocating lock-down is praised. Then it goes on to describe the implementation of totalitarian control: "During the pandemic, national leaders around the world flexed their authority and imposed airtight rules and restrictions, from the mandatory wearing of face masks to body-temperature checks at the entries to communal spaces like train stations and supermarkets." Clearly the flexing of authority is the desired response. But it gets worse, according to this 'Scenario of the Future': 'Even after the pandemic faded, this more authoritarian control and oversight of citizens and their activities stuck and even intensified.' 'In developed countries, this heightened oversight took many forms: biometric IDs for all citizens, for example, and tighter regulation of key industries whose stability was deemed vital to national interests.'

### **Handbook For Global Control**

Now that the announced pandemic is indeed here, the same Rockefeller Foundation came forward with step two: a handbook on how to implement new control systems during this pandemic. Only when all the required control networks are in place, can the world open up again. When you combine the two Rockefeller documents, you see the plan:

1) First they announce a global pandemic with a coronavirus and say what it should lead to: a whole new level of authoritarian control.

2) Secondly they give practical steps on how to apply this control system. These are illustrations and quotes from their guide: 'Digital apps and privacy-protected tracking software should be widely used to enable more complete contact tracking.' 'In order to fully control the Covid-19 epidemic, we need to test the majority of the population on a weekly basis.'

According to their ‘Scenario of the future’ the entire world population should get a digital ID that indicates who has received all the vaccines. Without sufficient vaccinations, access to schools, concerts, churches, public transport etc. will be denied.

### **21. Bill Gates negotiated \$100 billion contact tracing deal with Democratic Congressman Sponsor of Bill six months BEFORE Coronavirus pandemic**

The shocking revelations were unveiled on the Thomas Paine Podcast and the Moore Paine Show on Patreon by the two investigators nine months after the meetings with the Gates Foundation in Rwanda — Bobby L. Rush, a Democrat from Illinois, introduced the \$100 BILLION H.R. 6666, the COVID-19 Testing, Reaching and Contacting Everyone (TRACE) Act.

Everyone’s Contacts Must Be Checked  
In a leaked government video we see a conversation between former American president Bill Clinton and Andrew Cuomo, the governor of the state of New York. They discuss how to set up a large control system to test the entire population and check all their contacts. They discuss how to build an army to carry out this control system.

### **A Whole New Level Of Global Control**

Bill Gates also made it clear that only people who have been vaccinated against Covid-19 should be allowed to travel, go to school, attend meetings and work. Digital vaccine ID’s are already being developed and Gates has a patent on the technology that makes it possible to trace an individual’s body anywhere. This technology is called WO2020-060606. Also very interesting to note: An Enzyme Called LUCIFERASE Is What Makes Bill Gates Implantable Vaccine Work. In addition, Gates wants to set up a global monitoring network, which will track everyone who came into contact with Covid-19.

### **The Plan: Inject Mankind With DNA Altering Vaccine**

The famous investigative journalist Anthony Patch did years of research concerning the plans to control the world, by means of created pandemics and mandatory vaccines. During an interview in 2014 this researcher predicted the following: ‘They will release a man-made coronavirus. As a result the people will demand a vaccine to protect them. This vaccine will add a third strain of DNA to a person’s body, essentially making them a hybrid. ‘Once a person is injected, almost immediately their DNA undergoes a transformation. This genetic change will cause people to lose the ability to think for themselves, without them even being aware this happened. Thus they can

be controlled easier, to become slaves for the elite.’

Of course that sounds insane and it is insane indeed. Yet we have to be aware that this professional investigator is no fool. He has done years of research and this is what he discovered over the years. We must be careful not to reject sound knowledge, based on years of research, simply because of our own lack of insight in these topics.

### **20 Years of research say: the vaccine will change our DNA**

Doctor Carrie Madej directed two large clinics in Georgia, before she went to the Dominican Republic to do humanitarian work. She studied DNA and vaccines for the past twenty years and made an urgent video in which she warns that there is a plan to inject humanity with very dangerous vaccines for Covid-19. The purpose of these new vaccines will be twofold:

1) reprogram our DNA and make us hybrids that are easier to control.  
2) connect us to artificial intelligence through a digital vaccine ID, which will also open a whole new realm of control. This medical expert says she has observed multiple times how diseases were spread over populations by air craft. Because of safety reasons she is not able to share more details about this in public.

### **Depopulate The Earth By Means Of Organized Epidemics**

Dr. John Coleman is a famous Intelligence Officer from the CIA who wrote a book titled ‘The Committee of 300’.

In it he explains how secret societies manipulate governments, health care, food industries, the media and so on. This book can be found on the website of the CIA. One of the primary goals of the many secret societies, that control governments and the media, is to depopulate the earth. You can find a list of 32 ‘elites’ who support and promote (according to their own claims) depopulation [HERE](#) (web link given at beginning of article).

Dr. Coleman says the following about their strategy: ‘At least 4 billion useless eaters shall be eliminated by the year 2050 by means of limited wars and organized epidemics of fatal rapid acting diseases...’ – Dr John Coleman, CIA Intelligence Officer

### **Maintain Humanity Under 500,000,000**

In 1980 a granite monument was erected in Georgia, called the Guidestones. A set of 10 guidelines is inscribed on the structure in eight modern languages and a shorter message is inscribed at the top of the structure in four ancient language scripts.

The first guideline goes as follows:

1. Maintain humanity under 500,000,000 in perpetual balance with nature.

The CIA officer Dr. Coleman revealed that

one of their methods to ‘maintain humanity’ is to cause ‘organized epidemics of fatal rapid acting diseases’.

2. Using vaccines to reduce humanity. During a TED talk Bill Gates echoed this goal, when he literally said that new vaccines can be used to reduce the world’s population by 10 – 15%! ‘There are now 6.7 billion people on earth and soon there will be 9 billion. However, we can reduce that number by ten to fifteen percent if we do a good job with new vaccines, health care and birth control’. – Bill Gates, Vaccine Dealer

3. Covid19 vaccine for population control? Mike Adams is a published food scientist, author of the popular science book Food Forensics and founder of ISO-accredited CWC Labs. Years ago he said the following: “An engineered bioweapon will be released in population centers. There will be calls for massive government funding for the vaccine industry to come up with a vaccine. Miraculously, they will have a vaccine developed in record time. Everyone will be required to line up and take this vaccine shot.”

There is indeed a release of an engineered bioweapon, followed by a vaccine mandate, massive government funding for the vaccine industry and a vaccine that is being developed in record time. The rest of his message is that this vaccine will slowly begin to kill millions – if not billions – of people over the course of a few years. It will be a kill-switch vaccine, designed to reduce the world’s population.

### **All predictions were done shortly before it happened**

Note that every single prediction of this pandemic was announced a few years or even months before it happened. That is significant. Gates and Fauci lie to their audience when they say ‘history tells us this will happen’, but there is no historic basis for guaranteeing a global coronavirus pandemic to occur within a few months or years. Never in history did anything like this occur, on such a global scale.

The fact that such a historically unique event was predicted in great detail – by movies, shows, investigators, medical doctors, those who finance labs that develop these viruses, those who earn billions from these pandemics, those who want to create a whole new level of control in our world, etc. – shows it was planned.

### **Are there signs that the pandemic is being manipulated?**

So far we have looked at indications that the pandemic was planned beforehand. If it is indeed orchestrated, then that should also be obvious during the pandemic. A planned pandemic is also a controlled pandemic.

## The plan to control the world

You may have heard the word 'globalists' before, but for those who aren't familiar with it: these are people around the world who plan to create one global government, so they can have total global control over health, religion, finances – everything. Main players in this are the United Nations, the World Economic Forum, the World Health Organization, the European Union, the International Monetary Fund, and many others. They recently came together in an event called DAVOS, where they expressed how the pandemic will be used to deploy their plans.

Here are some of the statements they made: 'Now is the historic moment in time, not only to fight the virus, but TO SHAPE THE SYSTEM. The pandemic represents a window of opportunity to RESET OUR WORLD. The world must act jointly and swiftly to REVAMP ALL ASPECTS of our societies and economies, from educational to social contacts and working conditions. EVERY COUNTRY, from the United States to China, must participate, and every industry, from oil and gas to tech, must be TRANSFORMED.' – Klaus Schwab, Funder of the World Economic Forum

A major leader of Globalism, is the World Economic Forum, founded by Klaus Schwab. He created a 'spinning wheel' with all their objectives. On it we can see the following three 'projects': Covid19 followed by Global Governance, and Internet Governance.

## Nobody wants these organizations

Not a single human on the earth has voted for these organizations to even exist, let alone take full control of our lives, families, communities, jobs, health, industries, etc. Yet they present themselves as our 'world leaders' who are planning our entire future. The World Health Organization presents itself as the global boss over our health, without anyone of us having chosen for them. They apply a tyranny in mainstream media and social media, where no expression of medical or scientific expertise is allowed, unless it is in line with the guidelines of this 'World' organization.

Tens of thousands of medical doctors and scientists have been censored all over the world, by Facebook, Youtube and Twitter. Why? Because these social media giants state that ONLY what the World health Organization says, is true. All of humanity must submit to these people who have positioned themselves over all of us, without ever asking our opinion or even consulting with other medical experts.

In fact, every single medical expert speaking out against their decisions is censored. This means complete loss of medical freedom, loss of freedom of speech, loss of true science, loss of true journalism and an imposing of dictatorships by organizations that nobody voted for, led by people nobody wanted and yet they simply seize ownership of our world. They are the big fat mean bullies on the playground, that play boss over everyone.

## World Health Organization is run by a terrorist

The head of the World Health Organization, Tedros Adhanom Ghebreyesus, is a member of a violent revolutionary communist party in Ethiopia, Tigray People's Liberation Front. The Department of Homeland Security clearly states: "The TPLF qualifies as a Tier III terrorist organization... on the basis of its violent activities..."

Let this get through to you: the man directing the World Health Organization is literally a communist terrorist, who has been involved in murdering thousands of innocent people, trying to impose communism on Ethiopia. And this man is bullying the entire world, telling all of us what we can and cannot do, censoring every medical professional who has a different opinion, demanding blind obedience from all of humanity, while imposing mandates to be vaccinated by their number one financial sponsor: Bill Gates.

## More and more pandemics, until mankind submits

These globalists even threaten humanity with more suffering, if we don't submit to their total control. Prince Charles recently joined DAVOS and publicly stated: "There will be more and more pandemics, if we don't do 'the great reset' now." Bill Gates already calls this 'pandemic one' and is talking about 'pandemic two and three'. The investigator who back in 2013 predicted a coronavirus pandemic to occur in 2020, followed by riots, said the plan is to create series of pandemics during 2020-2030. This decade is the selected timeframe to turn the world into one big banana republic, run by mad power hungry men, who depopulate the earth, and enslave the rest of humanity. They are planning to cause as many pandemics as needed, in order to break the back of humanity, until everybody submits to their global control.

Are you beginning to understand why more than 500 medical doctors from Germany, 600 doctors from Spain, thousands of medical experts from the USA and many more all over the world are calling this pandemic a 'global' crime'?

## Is there hope? what can we do?

Is there any hope for our future, or are we surrendered to the merciless hands of these wicked mega-billionaires who want to depopulate the earth and seize total control over humanity?

Yes, there is hope. But not in the way that many people imagine. The Bible predicts a time of trouble just before Jesus comes and many believe that we are entering that time. The most important preparation anyone can make now is to start reading their Bible, learn to trust in God and give their lives over to God. We will never survive unless we have a knowledge and trust in God. If you don't have this now, start today, give your lives over to God to manage, and He will give you not only hope, but His faith and His love that will get you through.

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concluded from p 16

went on, I knew I was getting better. I kept taking the drops and bathing my forehead and eye with the solution. By Thursday and Friday the swelling was much less. My family were amazed at how quickly I was healing. I knew it was because of the MMS I was taking and using topically.

After the initial rash and blisters healed I was left with a very itchy area on my forehead. At times it was very uncomfortable. I tried many remedies, but the most helpful was bentonite clay. This took away the itch, but after a while I decided to stop even this as it wasn't always convenient to apply the clay to the area. The itch was worst in morning and night.

As I said earlier, I had very little pain, but the itch was with me for quite a few months, and now, about 8 months on, it sometimes still is itchy. During the experience most of my eyebrow hairs fell out but have since regrown. I am unsure if MMS will help others with shingles, as I started taking the drops early on, before the virus got well established. Remember, MMS is effective against viruses, of which shingles is one. But I believe it cannot harm you when it is used appropriately. I should add that my husband was giving me zinc and magnesium along with lots of other nutritional supplements.

If anyone is interested in the protocol I followed, don't hesitate to contact me.

by Kaye Sehm

Recommended viewing: Documentary  
**The Universal Antidote**  
<https://www.brighteon.com/5bca50f6-4aad-4831-ad03-81c02a5c7f2d>

## Products for Sale

- Licorice Root Powder** 200g.....\$12  
Licorice root is used to rebuild Adrenal Glands. Suggested maximum daily dose is 1½ tspns
- Maca Root Powder** 200g.....\$17  
A great price for this superfood. Great for a diverse range of conditions. Especially good HRT alternative, menopause, PMS, Anemia, Thyroid deficiency, osteoporosis, fertility and increased energy. Organically grown.
- Blood Cleansing Herbal Tea** 200g.....\$13  
Contains Buckthorn, Licorice Root, Burdock, Chaparral, Red Clover, Cascara Sagrada, Dandelion, Cat's Claw. Use it long term to help cleanse bowel, liver and blood.
- Barley Leaf Powder** 200g.....\$12; 450g.....\$27; 1kg.....\$55  
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- Hawthorn Berry Powder** 200g.....\$14  
A great tonic for the heart and related circulatory problems. Just add powder to water or juice.
- Comfrey Root Powder** 200g.....\$14  
Powdered ready to use as a poultice. Use on bruises, swellings sprains, fractures, chest complaints plus many more uses.
- Comfrey Leaf** 100g.....\$9  
To use in poulticing or in oils and ointments. A great healing herb. Has lots of uses
- Nettle Leaf Tea** 100g.....\$9  
Incredibly undervalued herb. An effective tonic, rich in vitamins and minerals.
- Afalfa Leaf Tea** 150g.....\$12  
Rich in vitamins, minerals and other nutrients that strengthen and maintain health.
- Calendula Flower** 100g.....\$9  
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- Cornsilk Tea** 100g.....\$8  
A great way to treat bladder infections
- Cayenne Pepper** 200g .....\$8  
Can be taken internally to stimulate circulation, stop bleeding and used as a poultice on the skin to stimulate healing. Heat rating: 60,000 Scoville Heat Units
- Turmeric Powder** 200g.....\$8  
Is an antioxidant, anti-inflammatory, blood detoxifier and has many anti-cancer properties plus many more uses
- Activated Charcoal Powder** 250g.....\$25
- Bentonite Clay** 250g.....\$10 500g.....\$18 1kg.....\$30  
Use internally and externally to detox, heal and draw toxins from your body
- pH papers** \$20  
Check your urine or saliva with a roll of pH paper in a dispenser that will measure your saliva and urine from 5.5 to 8.0 A valuable was to check whether your body is acid or alkaline.
- Magnesium Chloride flakes** 250g.....\$7 450g.....\$12 1kg.....\$24  
Ideal for baths or making magnesium oil.
- Practical Home Healing by Margaret Wright** \$20  
A handbook on simple home treatments and remedies that can be successfully applied at home
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## Recipes

### ROASTED RED CAPSICUM AND WALNUT SPREAD

- 2 to 3 whole roasted peppers (from jar or roasted yourself)
- ¾ cup bread crumbs (see below to make your own)
- 1 cup walnuts, toasted
- 2 – 4 large garlic cloves
- ½ teaspoon salt
- 1 tablespoon fresh lemon juice
- 2 teaspoons agave nectar (or honey)
- 1 teaspoon ground cumin

In a blender or food processor, combine the peppers and all the remaining ingredients. Taste, and add more spice or salt as necessary.

**To toast walnuts**, just place them on a toaster oven tray and toast for 5 minutes; watch closely or they will burn.

**To make your own bread crumbs:** Place some bread in the oven until it's crispy but not really browned – at 150 degrees). Let it cool, then add it to your food processor until it is reduced to crumbs. Add Italian herbs such as dried oregano, thyme, basil, marjoram, rosemary, black pepper, etc.

**To roast your own pepper:** Heat the oven to 200 degrees. Place peppers on an oiled baking sheet. Roast on the highest shelf for about 30 minutes or until they turn slightly black. It's not necessary to turn them. Cover in dish or plastic bag while still hot and allow to cool. The blackened skin will then just peel off after only about 10 minutes in the bag.

### GOLDEN ROUGH CHIA PUDDING

- ½ cup chia seeds
- ½ cup dried coconut
- ½ cup raw cashews soaked for 2 hours and drained
- 2 cups water
- 2 T carob powder
- 1 c dates
- ½ teaspoon vanilla extract
- ½ teaspoon lemon juice
- pinch of salt

Blend all ingredients (except the coconut and chia seeds) in a high speed blender until smooth. Pour mixture into a well combined bowl of chia seeds and coconut and mix thoroughly. Leave for 5 minutes then stir again. Serve into 4 custard cups or souffle dishes and place in the refrigerator for half an hour to set.

# My Shingles experience

It seemed a little unusual. The right part of my forehead was tingling, with a slight itch. I didn't consider it was of any importance and just continued my daily life. A day later I noticed that in the area above my right eye the sensation was now more like stinging and burning. Plus I had an unusual headache and earache that I would describe as intermittent. It would throb and be painful for a short time, then it would completely go away. Under my eyes were dark circles.

Now for someone who has had very little sickness over the past forty years, I tended to think that it would go away quickly. On Friday morning I noticed a small rash on my forehead. Then the thought flashed into my mind, maybe I had the shingles. I had no idea what was ahead, so I did what many people do - researched on the internet and tried to find out what to do. A friend told me when she had the shingles the doctor did not have anything to help her.

The next day it was still in a similar condition. I wasn't sure how bad it would get. I had my family coming in the evening, which was nice, but my appetite was very small. On the Sunday I still felt a little flat with not much energy. I knew the shingles virus was related to the chickenpox virus which I'd had when I was a child.

Chicken pox can last for about ten days. The virus becomes inactive but can remain inside us forever. If the virus reactivates, it spreads along the associated sensory nerves on one side of the body to cause a painful rash of blisters we know as shingles. Most common is around the left or right side of the body or it may be on the face or scalp. All reports said that it was extremely painful. Plus my scalp was extremely sensitive. It hurt me to comb my hair once a day.

On the Monday morning I awoke with a swollen eye. It was starting to get very itchy and it was hard not to rub it. The swelling spread to under the eye as well and looked quite red and nasty. I realized it was not going to go away quickly, but I knew I had some water purifying drops of Sodium Chlorite solution that I believed would destroy the virus. This is manufactured from minerals and chemicals taken

from sodium chloride NaCl, which is actually table salt. Chemically, two molecules of oxygen are added to table salt to produce NaClO<sub>2</sub>, which is called sodium chlorite. When drops of sodium chlorite are combined with a weak food acid it becomes chlorine dioxide ClO<sub>2</sub>. The food acid I used was hydrochloric acid. *I want to emphasize here, I did not use bleach. Some people are misled to think that because it has the word chlorine in its name. But its chemistry is radically different from that of chlorine that we know as bleach.*

I knew from my research that chlorine dioxide (called MMS or Master Mineral Solution) destroys viruses, bacteria, fungi and small parasites not by using oxygen, but by oxidizing them. MMS draws away some of the electrons that hold the pathogens together, thus resulting in their destruction. MMS itself is completely destroyed in the destructive process, leaving behind a very minute amount of table salt (NaCl) and neutralized oxygen that simply washes out of the body. Various poisons created by the pathogens are destroyed by the oxidation process. It is not the MMS solution that heals the body, but when the body is freed from toxins, the body heals.

On the Tuesday my eye was even more swollen and this caused me concern. I knew that shingles in the eye was something quite serious. Some people have lost their eyesight from this or ended up with eye problems for years. Along with taking the drops, I was making a solution of the same, diluting it with water, and using it as an eye wash and over the affected area

of my forehead about every hour. Up until this stage I was a little reluctant to go to the doctor as they have very little to help with shingles. Plus the most important thing is that I had very little pain. All during the entire duration of the shingles, on the scale of one to ten, the pain was only about one. This was bearable to me, but I was watching my eye carefully. Yes, it was very itchy. I tried a number of remedies, even some ointments from the chemist, but nothing seemed to work, with the exception of the MMS drops.

Tuesday night was my worst night. Even though I didn't have a great deal of pain, I knew my body was under quite a lot of stress. I was very tired, had very little energy and had just rested on the couch all day. I couldn't sleep, so I got up and lay on the floor in front of the heater. I dozed on and off throughout the night, and by morning I had made my mind to go to the doctor. I had been praying for healing and guidance what to do. This was right in the middle of most everything being locked down due to the pandemic, and I was unsure if the doctor would see me or if I had to do a phone consultation. But it was three hours until the doctor's room opened, so I thought I'd just wait until 9am and then make an appointment. All of a sudden something started to happen and my eye started to feel as if it was opening up a little. I was amazed. By the time it was 9am the crisis seemed to be over and I just waited to see what would happen.

My forehead was still red and the blisters were starting to crust over. As the day

concluded on p 15

## Back to Eden health classes

This term they are to be held at

Kaye's home,  
496 Hague Street.  
Lavington

**For those who want to attend classes - remember write these dates down**

Tues May 4th at 10 -12 noon  
Tues June 1st at 10 am -12 noon

In case of any Covid restrictions that may be in place, please phone Kaye to confirm these classes.  
phone Kaye 0260255018