

CALCIUM BENTONITE CLAY

What is Calcium Bentonite Clay

Bentonite clay is a swelling clay, and is the premier healing clay due to its powerful drawing and absorptive capabilities. It's drawing action cleanses by pulling out any impurities while its dynamic binding power captures and eliminates toxins. This unique power to attract impurities and toxins out of the human body is because clay is electro negative and the impurities and toxins are electro positive. In addition, the clay's vibrant electromagnetic charge stimulates cellular revitalization.

How Clay Can be Used

External Use: It may be applied in several different forms, such as poultices, powder, and baths. It will pull toxins through the skin. Clay is antiseptic, promotes wound healing, anti-inflammatory, anti-carcinogenic, softens and soothes the skin, cools and reduces body heat and improve skin's texture.

Clay also provides our bodies with trace minerals that go through the skin into the blood stream. This occurs with the application of an external poultice.

Use on burns, psoriasis, wisdom teeth, broken toe, sprained ankle, toenail fungus, moles, migraines, broken bones, any pain and inflammation, fading tatoos (will take 2-6 months), cataracts, detox liver and bowels, ulcers, pulls pus out, carpal tunnel, plus more.

Internal Use: When taken into the digestive tract, it acts much like a vacuum cleaner. It will draw and bind heavy metals, drugs, toxins, radiation, cleanses the bowel, acid reflux, digestive problems, cholera, improves circulation, lowers cholesterol, pulls out liver spots, diabetes, ulcers, balances hormones, severe menstrual cramps, expels worms and parasites. Clay also provides minerals and trace minerals. Its pH of 9.7 alkalizes the body.

How to Prepare Clay. Never mix in metal container or with metal utensils. Use filtered or spring water and sprinkle on the clay powder. Mix until you get a homogeneous paste, not very concentrated. Let the clay rest for two hours. Normally mix 1 part clay to 3 parts water. Spread clay over area to be treated about 1 cm thick. Cover with bandage (or cabbage leaf) if required. Allow to dry. When it is dry it is finished drawing so it can be removed and if needed another one put in place. Normally, let the clay work at least 2 hours. Do at least 3 applications daily, never reuse the clay.

If you are treating an ulcer or an open sore, the clay must be placed directly on the flesh. Do not place fingers into clay but use spatula. To take internally mix 1 part clay to 10 parts of water. Mix briefly in blender then immediately place in glass bottle. Allow to swell for 2 hours. First start drinking with 1 tbsps in water, working up to ¼ cup in water 2 hours before meals.