

BARLEY LEAF POWDER

What is Barley Leaf Powder?

Barley grass leaf has the most prolific balanced supply of nutrients of any single food source. When barley leaves are 30-35 cms high, they contain all the vitamins, minerals, and proteins necessary for human health. These leaves are harvested and processed into the final product. Our Green Barley is harvested, dehydrated and powdered in the same locality and is not subjected to any heat, friction or other processes which could cause loss of nutrients and enzymes.

The Benefits of Barley Leaf Powder

- An easily absorbed, this **natural organic super food** has very high amounts of organic vitamins and minerals.
- It is a very alkaline food which is quite neutralizing to the system, increases oxygen in blood.
- Has about 1000 enzymes, including S.O.D. (Super –oxide dismutase), which is an antioxidant enzyme that protects cells from free radical damage, supporting our immune system and cardiovascular health.
- It reduces inflammation and encourages tissue repair for the heart, kidney, pancreas and bowel in particular.
- Its natural chlorophyll purifies the body enabling it to eliminate toxins and heavy metals
- Has an abundance of chlorophyll and contains 18 amino acids (including the 8 essential amino acids)
- Suppresses the carcinogenic effects of introduced substances and helps to prevent normal cells from becoming cancerous, including leukemia, brain tumours, and prostate cancers.
- Research suggest that barley grass powder can be beneficial in asthma, acne, obesity, skin rejuvenation, anemia, arthritis, gastritis, peptic ulcers, diabetes, cellular damage from x-rays, heart disease and hepatitis, skin rejuvenation, weight management, invigorates the function of the thyroid gland, improves digestion, aids colon health, reduces high cholesterol, balances sugar levels, helps to heal the blood vessel damage caused by diabetes, dermatitis, liver disease.

Start with 1 teaspoon (increasing to 2 tspns) 1 to 3 times a day, mixed with water or juice. You may increase to much higher levels. Some have taken 12 teaspoons spread over each day with incredible results. This is a whole food and your body will respond to the super nutrition it receives.